

# welcome

BIENVENIDO | BEM-VINDO



ISAGENIX.



# Welcome to Isagenix



**Nutrition is complex.  
We make it simple.**

Isagenix creates simple, proven products that optimise what our bodies do naturally. Helping you protect your greatest asset – your health.



# Wellbeing working together

Small successes in other areas of wellbeing can often drive us to big-time weight wins. See what's possible with the Art of Wellbeing™.

At Isagenix, we focus on 5 key areas when it comes to holistic wellbeing. You may find yourself wanting to focus on just one or two of these or perhaps all five. Whatever has brought you to this point in your journey to achieving great health, we're happy you found us.

## **Weight Management**

Our systems and products take the guesswork out of weight management allowing you to focus on achieving your personal goals.

## **Natural Beauty**

Clean and pure ingredients helping you to discover your glow from the inside out.

## **Daily Nutrition**

Support your busy life with our breakthrough nutrition solutions, allowing you to focus on what really matters.

## **Targeted Health**

Hone in on a specific area such as focus, concentration or boosting your energy and vitality. Whatever your focus, we have you covered.

## **Fitness**

Boost your performance and move better with products that will help you take your fitness to the next level.

# proven results in four weeks

97%  
HAD INCREASED SKIN  
ELASTICITY\*\*

92%  
SAID THEIR SKIN  
FELT HEALTHIER\*

90%  
NOTICED MORE  
RADIANT SKIN\*

91%  
NOTICED A MORE  
YOUTHFUL COMPLEXION\*

83% NOTICED AN  
IMPROVEMENT IN  
SKIN FIRMNESS\*

70%  
EXPERIENCED MEASURABLE  
REDUCTION IN WRINKLES\*\*

\* Individual results may vary. Statistic based on a survey of 113 participants that used Isagenix Collagen Elixir™ consecutively for 30 days without cosmetic intervention or other known changes to their regular skincare products. The survey participants included Isagenix Associates, who are eligible to earn a commission for sales of Isagenix products.

\*\*Lin YK, Liang CH, Lin YH, Chan ST, Gumpricht E, et al. (2022) Anti-Aging Effects of Hydrolyzed Collagen Beverage with Herbal Extracts on Facial Skin: A Double-Blind, Randomized, Placebo-Controlled Trial.

6 J Food Sci Nutr. 8: 128





# top 5 tips for success



We asked our nutritionist for her top tips to have maximum success in your first 30 days...here's what she had to say.



## 1. Enter the IsaBody Challenge®

This is about you and your own personal progress, and the IsaBody Challenge is a great tool to keep you accountable. It's free to join, plus you'll get the support of our IsaBody community, have access to a free fitness programme in our IsaLife™ app, and you'll earn yourself a product coupon worth £150 / €165 just for completing the challenge!



## 2. Use the IsaLife™ app to track your progress

This app will become your new best friend! It's a great way to keep track of your weight and other measurements, but you can also enter all of your meals and snacks (Isagenix products as well as other foods) so you can keep track of everything!



## 3. Don't ban foods

Remember, there's no such thing as an unhealthy food, just an unhealthy diet. Banning your favourite foods will only make you crave them more. Instead, just use the IsaLife app to make sure you still have a healthy balance across the week, even with the occasional treat!



## 4. Plan your Cleanse Days

If you're apprehensive about going all day without your regular meals and snacks, you're not alone. Thousands of people around the world have felt the same, but then they gave it a go, loved it, and now include Cleanse Days as part of their wellness routine. Don't go straight into a Cleanse Day though – we always recommend a couple of Shake Days first.



## 5. Enjoy time with family and friends

Remember this is a lifestyle change, not a diet. Enjoy yourself, have fun with your loved ones, make memories, and just make sure you get back on track the next day (don't put it off until Monday!).



PLAN YOUR  
CLEANSE DAY

# weight management



# IsaLean™ Shake

Maximum nutrition. No empty calories. A perfectly balanced meal-in-a-scoop that's full of essential nutrients and actually tastes good. Some things really are good enough to be true.

- Lookin' lean. 24 grams of protein to build lean muscle and keep you feeling fuller for longer.
- Convenient and complete. A nutritious meal with the right balance of protein, good fats and carbohydrates. The difference? This meal can be made in seconds.
- No empty calories. Pure nutritious goodness in just 240 calories.
- Eat clean. Why put up with artificial flavours, colours, or sweeteners?
- Better dairy. Udenatured whey protein from happy, hormone-free, pasture-raised cows.



Creamy Dutch  
Chocolate



Creamy French  
Vanilla



Creamy  
Strawberry



Gluten-Free



Soy-Free

# IsaLean™ Shake Plant Based

Maximum nutrition. No empty calories. A perfectly balanced meal-in-a-scoop that's full of essential nutrients and actually tastes good.

- Lookin' lean. 24 grams of plant-based protein to build lean muscle and keep you feeling fuller for longer.
- Convenient and complete. A nutritious meal with the right balance of protein, healthy fats and carbohydrates. The difference? This meal can be made in seconds.
- Vegan friendly. With protein from wholegrain brown rice and peas, it's good for you and the planet.
- No empty calories. Pure nutritious goodness in just 250 calories.
- Eat clean. Why put up with artificial flavours, colours, or sweeteners?



Rich  
Chocolate



Vanilla Chai  
Flavour



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian





## Thermo GX™

Your metabolism is a workaholic. There, we said it. Maybe it's time we gave it a helping hand with natural ingredients that are known to support metabolism, with ingredients that even mother nature herself would approve of.

- Support your metabolism. Niacin and chromium are known to support metabolism\*, which breaks down food for energy and nutrients – a really important job!
- Natural blend. Mother nature knows best, so we've blended green tea extract, cocoa seed, apple cider vinegar and cayenne which have been used traditionally to support the metabolism.
- No nasties. All-natural ingredients with absolutely no stimulants.

\*Contains niacin and chromium. Niacin contributes to normal energy-yielding metabolism. Chromium contributes to normal macronutrient metabolism.



## IsaMove™

Keep calm and stay regular. IsaMove is gentle digestive support. Because it's really hard to be a happy human without a happy gut.

- Support while you sleep. Use IsaMove before bed to gently support your digestive system overnight.
- Age old ingredients. A combination of magnesium with peppermint, psyllium husk and hyssop which have been used for centuries to support healthy digestion.
- All natural. Which means absolutely no laxatives, because your digestive system deserves better than that.
- Clean. Dairy, gluten, and soy-free. Fully vegetarian.

# Ancient ingredients to support your modern life



Ionix Supreme is like mother nature's answer to wellbeing. It's a fortified tonic that's full of botanicals designed to help you tackle the challenges of everyday life.

Researchers have found that a group of plants when consumed daily can help normalise the bodies functions under stress, improve our performance, and reduce fatigue. Take a second to imagine how that might feel... We've combined these botanicals to bring you Ionix Supreme!

- A carefully selected blend of well-studied but unique botanicals, like eleuthero, Schisandra, wolfberry and more
- These ingredients have been used for centuries by ancient tribes for prevention and to improve performance
- Include as part of daily routine, either on its own, over ice, or mixed with cold or warm water



# Ionix<sup>®</sup> Supreme

We call Ionix<sup>®</sup> Supreme 'Mother Nature's Answer to Wellbeing'. Get the best of her botanicals and targeted ingredients that have been used for centuries to help you stay focused and conquer your day. Thank her, not us, for this nutrient-rich botanical elixir.

- Adapt naturally. A unique blend of powerful botanicals like hibiscus flower, wolfberry, schisandra and eleuthero.
- Chosen with care. Each botanical and targeted ingredient has been chosen for its role in supporting physical and mental performance.
- Based on research. Unique botanicals have been found to help normalise the body's functions under stress, help improve our mental and physical performance and reduce fatigue when consumed daily.
- Age old ingredients. Derived from plants that have been used for centuries in Ayurveda and Traditional Chinese medicine.



Natural Fruit  
Flavour



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian

# Nourish. Balance. Revitalise.



Nourish for Life is packed with nourishing botanicals to support your body's natural detoxification process, and is a key feature that makes Cleanse Days different from ordinary fasting.

## What is a Cleanse Day?

Cleanse Days are our version of intermittent fasting. Intermittent fasting is not just for weight loss! It can also benefit your overall health and wellbeing, and we've created an easier way to make fasting part of your routine! You'll drink Nourish for Life four times during the day to maintain energy and focus. Then choose from several tasty snack options to help you out. You can even satisfy your sweet tooth on a Cleanse Day... as long as it's an Snack Bite!

- Nourishing B vitamins to help reduce tiredness and fatigue\*
- Biologically active botanicals, like ashwagandha, aloe vera leaf, Siberian ginseng root, peppermint leaf and more.
- Drink four times throughout your Cleanse Day to maintain energy and focus.
- Can also include as part of daily routine, either on its own, over ice, or mixed with cold or warm water.

\* B vitamins [B6, B12 and niacin (B3)] contribute to the reduction of tiredness and fatigue.

## Is Nourish for Life only for Cleanse Days?

No! You can reap the benefits of Nourish for Life every day – we call this 'Everyday Cleansing'. If fasting isn't for you, this is the perfect alternative! Just have one serving (59ml / 1 scoop mixed with 60-120ml water) of Nourish for Life either first thing in the morning or before bed in the evening.

## How many Cleanse Days can I do per month?

You can include up to four Cleanse Days throughout the month, and it's up to you how this looks. You can do four single Cleanse Days (e.g. one per week), or two Double Cleanse Days, where you do two days back-to-back twice per month.



# Nourish For Life™

Own fast days (or any day) with a nourishing drink made from a synergistic blend of herbs and botanicals to help give you energy. Think intermittent fasting isn't your thing? Think again.

- Cleanse Day companion. Just trying to get through a fast day? Nah, you're about to make fast day the best day with targeted amounts of nutrients to give you energy and focus.
- Team superfoods. Peppermint, aloe vera, turmeric, liquorice root, bilberry, ashwagandha and siberian ginseng to fuel your fast.
- Support your detoxification system. A targeted blend of nourishing B vitamins, biologically active botanicals and functional flavours.
- Fast days not your thing? Try Everyday Cleansing instead and drink Nourish for Life each day to reap the botanical benefits.
- Flavour heroes. Now the most difficult part of Cleansing is picking your flavour. Peach Mango? Natural Rich Berry? The delicious struggle is real.



Peach  
Mango



Natural Rich  
Berry



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian

# Isagenix Snacks™

Intermittent fasting saviours since 2002. Tasty wafers with protein to nourish your body, and chromium to support your metabolism and blood glucose levels\*. Because intermittent fasting shouldn't be about going without.

- Calorie controlled energy. Reap the benefits of fasting whilst getting a boost of energy in just 15 calories.
- Metabolism support. The chromium inside these little wafers help support metabolism and normal blood glucose levels\* while you're fasting.
- Fasting not your thing? These snacks aren't part of an exclusive Cleanse Day Club – just snack on them when you get hungry. It's a simple as that.
- What's your flavour? Satisfy your sweet tooth with whey-based chocolate or plant-based wild berry



Whey-Based  
Chocolate



Plant-Based  
Wild Berry



\*Chromium contributes to normal macronutrient metabolism and to the maintenance of normal blood glucose levels.



Dairy-Free  
(Plant-Based  
Wild Berry Only)



# Harvest Thins™

Craveable, crunchable, irresistible. This snack is high in protein for long-lasting energy. So next time that craving hits, grab your favourite flavour of Thins™ for on-the-go snacking that's as tasty as it is nutritious.

- Snacktime salvation. 100 calories, individually packaged and ready when you are.
- Satisfy cravings 11g of protein in each bag helps you feel fuller for longer.
- Keep it moving. Good fats, carbs and plenty of protein for a boost of energy.
- Plant based. Something to suit every lifestyle.



Plant-Based  
Thai Sweet Chilli



Gluten-Free



Kosher



Soy-Free



Dairy-Free



## Snack Bites

Life is too short to miss out on great snacks, especially the kind that are super satisfying and made with wholesome ingredients. Looking for something that tastes great and crushes cravings? It's not too good to be true — it's Snack Bites.

- Total control. Individually packaged to take the willpower out of snacking.
- Sweet satisfaction. Good nutrition should taste good and feel good.
- Snack smarter, not harder. 5 grams of protein to stay fuller, longer.
- Fast-track your fast day. Intermittent fasting friendly.
- Skip stress, not snacks. 110 calories in every bite.



Cinnamon Roll

# natural beauty

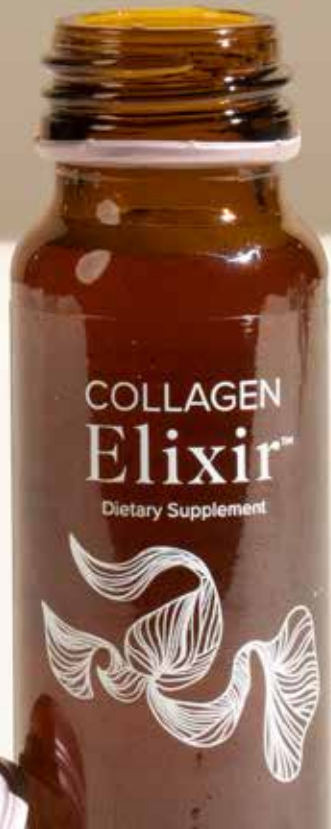




# Collagen Elixir™

Infused with an innovative blend of marine collagen peptides and powerful botanicals, Collagen Elixir™ indulges your skin with beauty and nourishment from the inside out. Are you ready to discover your glow?

- 5g marine collagen peptides. Support your body's natural production of collagen for healthy, hydrated skin\*.
- Promote healthy hair, skin and nails\*\*. A boost of vitamin C, zinc, and biotin in every beautiful bottle.
- Ancient botanical blend. Indulge in hydrating aloe vera, calming chamomile, nourishing goji and acerola berry.
- Naturally sweet. Infused with wild berry, a hint of sweet botanicals and zero added sugar.
- Good for you, good for the planet. Responsibly sourced collagen and 100% recyclable packaging that's made in a carbon neutral facility.
- All natural. No artificial colours, flavours or sweeteners.



CINDY ALBERTO VAZQUEZ 120 DAYS



GIL VERSTRAETEN 30 DAYS



KARINE ANTILLE 30 DAYS

\*Li P, Wu G. Roles of dietary glycine, proline, and hydroxyproline in collagen synthesis and animal growth. Amino Acids. 2018; 50:29–38

\*\*Biotin contributes to the maintenance of normal hair and skin. Vitamin C contributes to normal collagen formation for the normal function of skin. Zinc contributes to the maintenance of normal hair, nails and skin

Results depicted are those of Isagenix Customers who used Collagen Elixir™ along with a skincare and supplement routine for 30 & 160 days with daily use. Results not typical. In a preliminary study, participants experienced a 9.5% reduction in the appearance of wrinkles over 30 & 160 days.



Gluten-Free



Soy-Free

# Celletoi™ Moisture Balancing Cleanser

Melt away makeup and impurities without stripping your skin of essential moisture? It's all possible with this gentle daily foaming cleanser.

- Be radiant. The combination of antioxidant-rich botanicals with ceramides helps cleanse and soothe your skin for a brightened, radiant and refreshed complexion.
- Gently nourish and cleanse. Remove make-up, dirt and impurities every morning and night without stripping your skin of its natural moisture.
- Korean beauty meets ancient botanicals. The Celletoi Botanical Blend™ helps nourish and protect the skin with powerful beauty antioxidants, like ginseng, green tea and turmeric.
- Retain skin's essential moisture. Our Ceraposome™ ceramides help form a protective layer to maintain the moisture balance of your skin.
- Vegan and cruelty free. Absolutely no testing on animals and 100% plant based.



No Parabens,  
Sulfates,  
Phosphates



No Artificial  
Fragrance



Third-Party  
Clinically  
Tested



Dermatologist  
Tested



Cruelty-Free/  
Vegan



Leaping  
Bunny  
Certified

# Celletoi™ Advanced Youth Serum

We should just call this liquid gold. This light and luxurious serum effortlessly promotes your skin's renewal process to reduce the signs of ageing and reveal a glowing youthful appearance.

Let us introduce you to the Celletoi BioFirm Complex™ - the science behind your liquid gold. A harmonious collection of cell renewing molecules that delve deep within the skin's surface to promote your skin's natural renewal process. It's this that drastically helps reduce signs of ageing.

- Reduce the appearance of fine lines and wrinkles. Celletoi Peptide Blend™ floods your skin with protein to unveil an uplifted, thriving complexion and visibly reduced fine lines.
- Support skin renewal. The Celletoi BioFirm Complex™ delves deep within the skin's surface to promote your skin's natural renewal process for irresistible firmness, improved skin elasticity and skin tone.
- Korean beauty meets ancient botanicals. The Celletoi Botanical Blend™ helps nourish and protect the skin with powerful beauty antioxidants, like ginseng, green tea and turmeric.
- From AM to PM. Use your beauty favourite morning and night after cleansing to reveal radiant skin.
- Vegan and cruelty free. Absolutely no testing on animals and 100% plant based.



No Parabens,  
Sulfates,  
Phosphates



No Artificial  
Fragrance



Third-Party  
Clinically  
Tested



Dermatologist  
Tested



Cruelty-Free/  
Vegan



Leaping  
Bunny  
Certified



# Celletoi™ Peptide Eye Cream



The eyes are the key to the soul, so they say. Protect your most valuable asset with this rich restorative cream that helps reduce the signs of ageing to firm and tighten skin, for instantly more radiant eyes.

- Support skin renewal. The Celletoi BioFirm Complex™ delves deep within the skin's surface to promote your skin's natural renewal process for irresistible firmness, improved skin elasticity and skin tone.
- Reduce the appearance of fine lines and wrinkles. Celletoi Peptide Blend™ floods the skin around your eyes with protein, to unveil an uplifted, thriving complexion.
- Hydration station. Nourish the delicate skin around your eyes with Squaline to lock in moisture for a plump and smooth result.
- Say bye to dark circles and puffiness. Glide the cooling serum under your eyes morning and night to awaken your skin.
- Vegan and cruelty free. Absolutely no testing on animals and 100% plant based.



No Parabens,  
Sulfates,  
Phosphates



No Artificial  
Fragrance



Third-Party  
Clinically  
Tested



Dermatologist  
Tested



Cruelty-Free/  
Vegan



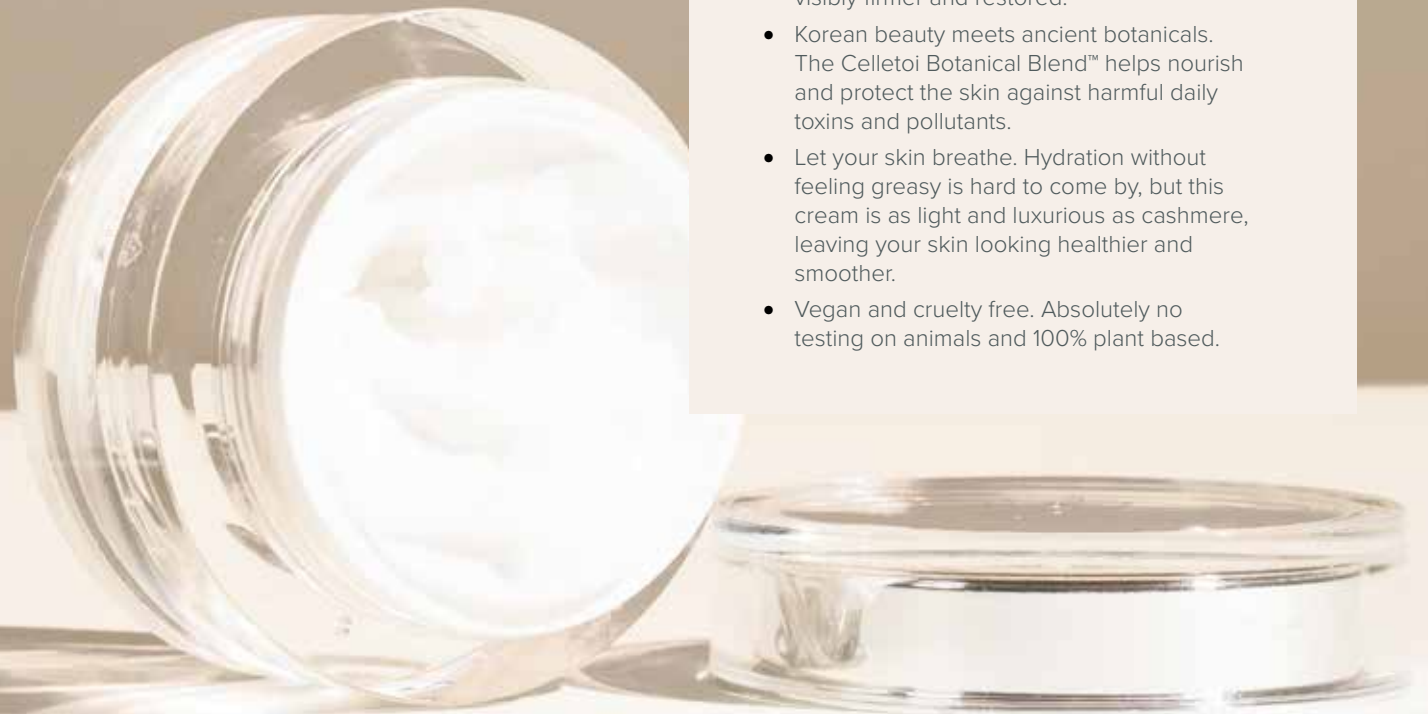
Leaping  
Bunny  
Certified

# Celletoi™ Firming Cashmere Cream

This luxurious ultra-rich cream glides on like cashmere and infuses deep into the skin for hydration that lasts, revealing healthier, firmer and radiant skin.

This ultra-rich cream infuses the skin with all-day moisture for a naturally vibrant and restored complexion.

- Retain skin's essential moisture. Our Ceraposome™ ceramides and hyaluronic acid help form a protective layer to maintain the moisture balance of your skin.
- Heal dryness. This luscious thick cream deeply hydrates and moisturises for hydration that lasts all day, leaving your skin looking visibly firmer and restored.
- Korean beauty meets ancient botanicals. The Celletoi Botanical Blend™ helps nourish and protect the skin against harmful daily toxins and pollutants.
- Let your skin breathe. Hydration without feeling greasy is hard to come by, but this cream is as light and luxurious as cashmere, leaving your skin looking healthier and smoother.
- Vegan and cruelty free. Absolutely no testing on animals and 100% plant based.



No Parabens,  
Sulfates,  
Phosphates



No Artificial  
Fragrance



Third-Party  
Clinically  
Tested



Dermatologist  
Tested



Cruelty-Free/  
Vegan



Leaping  
Bunny  
Certified

# YOUR DAILY RITUAL

1



☀️|🌙  
MOISTURE  
BALANCING CLEANSER

Application: Use morning and night. Lightly dampen face, massage generous almond sized amount over face in an upwards circular motion. Rinse thoroughly with warm water and pat dry.

2



☀️|🌙  
ADVANCED  
YOUTH SERUM

Application: Use morning and night. After cleansing, smooth one full pipette amount of serum over face and neck in an upward motion until absorbed.

3



☀️|🌙  
PEPTIDE EYE CREAM

Application: Use morning and night. After using serum, glide cooling metal applicator once along the underside and corner of each eye. Allow product to dry.

4



☀️|🌙  
FIRMING  
CASHMERE CREAM

Application: Use morning and night. After using Peptide Eye Cream, gently massage generous pea sized scoop of cream into the face and neck until absorbed.

5



☀️  
COLLAGEN ELIXIR

True beauty starts from the inside out. Consume 1 bottle of Collagen Elixir daily to discover your glow!





# daily nutrition



# Whole Blend IsaLean™ Bar

Beneath an indulgent exterior, each bar hides a blend of whole organic veggies, less than 1g of added sugar and it's nutritionally balanced. Yes, we can't quite believe it either.

- Nutritionally balanced. A blend of protein, complex carbohydrates, healthy fats, and vitamins and minerals in just 222 calories.
- Hidden veggies. Vitamins and minerals from a whole organic vegetable blend of broccoli, spinach, kale, chlorella, sweet potato and maitake mushroom.
- Lookin' lean. 20 grams of whey and milk protein to help you feel full between meals or after hitting the gym.
- Naturally sweet. Expect your taste buds to think otherwise, but there's less than 1g of added sugar inside.
- Fuel to feel full. 12.5g fibre in each bar to help you feel full and keep your digestive system healthy.



Chocolate  
Indulgence



Gluten-Free



Soy-Free



# Xango® Reserve

The sweet and tangy Xango® Reserve is an all-natural fruit drink that supports your body's overall health and wellbeing using the nutritionally packed superfruit mangosteen.

- Nutritionally dense. Rich in plant-based nutrients and phytonutrients to support overall health and wellbeing.
- Nothing wasted. Made using a puree of the whole mangosteen fruit that includes the rind, pulp and seeds.
- Support overall health and wellbeing. Sip on your superfruit juice daily for the best results.
- All natural. No artificial flavours or colours.
- Naturally sweet. All the sweetness comes from natural fruits, with absolutely no added sugar.



Mangosteen



Dairy-Free



Gluten-Free



Soy-Free



Vegan





## Greens™

Greens from Isagenix tastes amazing. Let's repeat it for those in the back: It tastes fruity and amazing!

- Easy, convenient, tasty. Don't let life get in the way of fresh veggie goodness. Just add water for your boost of moringa, spinach, kale, spirulina, broccoli and chlorella.
- Minimal processing for maximum nutrition. Greens is cold processed for maximum nutritional retention.
- All natural. Made from whole vegetables, with no added sugar and just 30 calories per serving.
- Source of iron. Iron is important for making red blood cells which carry oxygen around the body, and in each serving of Greens you get 3mg of the good stuff.



Dairy-Free



Gluten-Free



Vegetarian



Soy-Free



## IsaPro<sup>®</sup>

Spoiler alert: protein isn't just for body builders! Get 18g of the good stuff in every serving to support muscle repair and growth\*, boost protein intake and keep you feeling full.

- Better dairy. 18g of undenatured whey protein from happy, hormone-free, pasture-raised cows.
- Lookin' lean. A perfect post-workout drink to support muscle repair and growth\*.
- Feel satisfied. Pure nutritious goodness in just 100 calories that helps you feel fuller for longer.
- Get creative. Just add water, scoop into shakes or mix into your favourite recipes.
- All natural. No artificial sweeteners or flavours.



Vanilla

\* Protein contributes to growth in muscle mass as well as the maintenance of muscle mass.



# targeted health







## e-Shot™

Cheap energy shots are everywhere. A plant-based energy shot with naturally sourced caffeine, epic botanicals, and no artificial ingredients? Let's just say your long search for high-quality energy is over.

This is elevated energy. Mother Nature's clean caffeine mixed with a powerful blend of botanicals. Fuel up on the good stuff.

- Elevated energy. 80mg of plant-based caffeine from Green Tea and Yerba Mate.
- Do more. Fuel your workout and your everyday.
- Botanical goodness. A unique blend of siberian ginseng, hawthorn berry and schisandra.
- Squeaky clean. No artificial flavours, colours, or sweeteners.



Apple  
Pomegranate  
Flavour



Dairy-Free



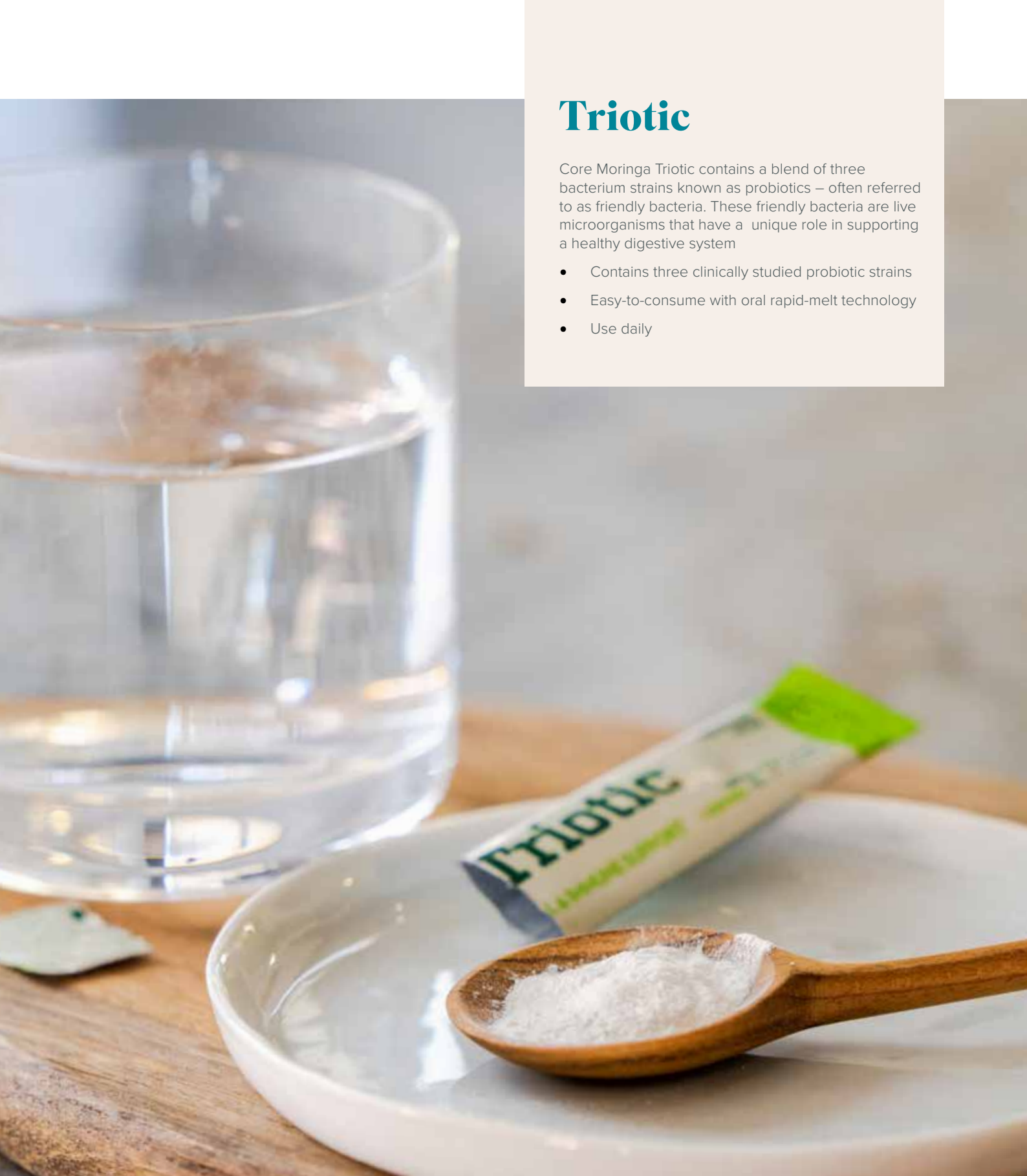
Gluten-Free



Soy-Free



Vegetarian



## Triotic

Core Moringa Triotic contains a blend of three bacterium strains known as probiotics – often referred to as friendly bacteria. These friendly bacteria are live microorganisms that have a unique role in supporting a healthy digestive system

- Contains three clinically studied probiotic strains
- Easy-to-consume with oral rapid-melt technology
- Use daily



Gluten-Free



Vegetarian



Soy-Free



# Nootropic Elixir

Do you ever have those days where you just can't seem to focus? Yep, us too. Nootropic Elixir is designed to support memory, focus and alertness\*, to help your brain reach its full potential.

- Increased ability to block out distractions and increase your productivity and creativity\* enabling you to hit your goals.
- Help to enhance cognitive functions like thinking, memory, alertness and on-demand focus.
- All-natural combinations of botanicals and plant derived nutrients specifically designed to support cognitive performance.
- A beautifully crafted, sleek, ready-to-drink elixir bursting with tangy cranberry and juicy grape flavours in a recyclable glass bottle.



\*Green tea contributes to optimising the memory function and concentration. Caffeine and catechins in green tea help keeping you alert, refresh body and mind.



Vegan



Gluten-Free



Dairy-Free



# Fitness



# AMPED™ Nitro

Natural ingredients, unbelievable energy. All pre-workouts give you energy, but what about a pre-workout that's made from all-natural targeted ingredients, without excessive amounts of caffeine, to help increase power, strength and speed? Now that's something special.

- Train better. Unique blend of targeted ingredients to help increase power, strength and speed.
- Stay alert. 80mg of naturally sourced caffeine to energise you for a killer workout.
- Go further. Help reduce fatigue and supply more nutrients to your muscles, so you can keep going until that last rep.
- All natural. No artificial flavours, colours or sweeteners inside.
- Informed-Sport Certified. Competitive athletes can feel confident AMPED™ Nitro has been tested for quality and World Anti-Doping Agency banned substances.



Watermelon



Dairy-Free



Gluten-Free



Soy-Free



# AMPED™ Hydrate

Whether it's running a marathon or just Saturday errands, good hydration is for everyone — not just athletes. Which means the electrolytes, vitamins and minerals in every sip of AMPED™ Hydrate are made especially for you. Your turn to be a hydration hero.

- Renew and replenish. Get back the nutrients and fluids lost during daily activity.
- Quench more than just your thirst. Satisfy your body's craving for essential vitamins and minerals.
- Keep on moving. Fuel with electrolytes, carbohydrates and vitamins during your workout for peak performance.
- Hydration hero. No artificial flavours, colours, or sweeteners and just 35 calories per serving.



Juicy  
Orange



# AMPED™ Post-Workout

Sore muscles keeping you from your next workout? Never skip a session again with AMPED Post-Workout, designed to boost muscle recovery and ease exercise related soreness. See you at the squat rack.

- Bounce back. Designed to boost muscle-recovery, promote healthy joints and ease exercise-related soreness\*.
- Clever ingredients. Targeted blend of tart cherry, curcumin, astaxanthin and collagen, which have been shown to help muscle recovery and post-workout soreness.
- For everyone. Supplements aren't just for elite athletes – struggle to walk up the stairs after leg day or your weekend hike? We got you.
- Post gym refresh. Thirst quenching tropical punch flavour.
- Informed-Sport Certified. Competitive athletes can feel confident AMPED™ Post-Workout has been tested for quality and World Anti-Doping Agency banned substances.



Tropical  
Punch

<https://eu.isafyi.com/amped-post-workout-everything-you-need-to-know/>



Dairy-Free



Gluten-Free



Soy-Free


THE ART OF  
WELLBEING™





# ISAGENIX<sup>®</sup>

THE ART OF WELLBEING<sup>™</sup>

 [Europelsagenix](#)

 [Isagenix\\_Europe](#)